Sehnsucht nach Ursprung · Travel information

A desert journey for women in Morocco. Here you will find everything you need to know for your journey.

The journey at a glance

Journey	Sehnsucht nach Ursprung (Longing for Origin). Desert journey for women
Next journey	9 to 19 March 2027
Duration	11 days, 10 nights. Marrakech, Atlas, Sahara
Group	Maximum 12 women
Guided by	Nora Curcio and Madou Bouhjar with the Sahara team
Price	2,599 euros

Itinerary

Day 1. Arrival in Marrakech. Dinner together. Night in the riad.

Day 2. We travel in a comfortable small coach over the Atlas mountains to the south, as far as M'Hamid, the gateway to the Sahara. Night at the desert camp.

Day 3. The camels are loaded and our caravan journey begins. Night in the open desert.

Days 4 to 7. We travel with the nomads and dromedaries through the desert. Step by step, at a slow pace. Vastness, silence, fire and starry skies. Nights in the open desert.

Day 8. Return to the desert camp. Night at the desert camp.

Day 9. Drive to Agdz. Our last evening together, with dinner. Night in the kasbah.

Day 10. Drive to Marrakech. Free evening for shopping and strolling through the medina. Night in the riad.

Day 11. Departure.

"No plan is the best plan," say the nomads. The desert and the weather decide the way. The schedule may therefore change along the way.

A day in the desert

- **Morning:** Arriving in the body. Energy and body awareness exercises such as qigong.
- **Late morning:** About 3 hours of walking through the desert, with breaks. Riding a dromedary is possible.
- **Midday:** Arriving at a place where the nomads set up camp for us. Food, rest and shade.
- **Time for yourself:** Retreat, writing, sleep, vastness, conversations.
- **Late afternoon:** Dance, body language and expression.
- **Evening:** Fire, food, community, dancing, drumming and listening to songs. Or simply quiet.

Accommodation

- 2 nights in a riad in Marrakech, double room with breakfast
- 1 night in a kasbah in Agdz
- 2 nights at the desert camp
- 5 nights with the caravan in the open desert. Every woman sleeps in her own tent. If you like, you can also sleep under the open sky.

What is included, what is not?

Included

- All hotel nights in double rooms including breakfast
- Full board in the desert
- 2 dinners outside the desert: on the evening of arrival in Marrakech and in Agdz
- Programme with Nora: qigong, yoga, dance workshop on femininity
- Travel companion on site from beginning to end
- All transfers from Marrakech over the Atlas to M'Hamid and back
- Walking and riding with camels

Not included

- Flight to Marrakech
- Transfer from the airport to the hotel in Marrakech and back
- Tips
- Lunch and drinks on the way to and from the desert

- Dinner on the last evening in Marrakech
- Extra drinks (apart from water)
- Hammam
- Travel insurance and all other insurance

Arrival

You fly to Marrakech and arrive on the first day of the journey. You will receive the address of the riad where we meet four weeks before the journey begins.

It is best to plan your return flight for day 11. Or you may decide to travel on to the sea afterwards, for example to Essaouira.

Packing list

As soon as you have registered, I will send you a detailed packing list and all the important information for your preparation. In a short Zoom call before the journey you can also ask me any open questions.

Payment and cancellation

Price. 2,599 euros per person.

Payment. A deposit is required on binding booking. You will receive the amount of the deposit, the payment deadlines and the bank details with the booking documents.

The cancellation terms and further travel conditions will be communicated before binding booking.

Insurance

Important: Please take out travel health insurance, liability insurance and travel cancellation insurance for the journey.

Contact

If you have any questions, write to me.

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As of November 2026